



# Chronic Illness Support Program

We help employees manage their chronic illnesses so they can focus on work.

Our signature Chronic Illness Support Program (CISP) is designed to improve the health and well-being of Members with asthma, coronary artery disease, chronic obstructive pulmonary disease, diabetes and hypertension.

Helping employees manage chronic illness:

- **Reduces absenteeism:** Chronic conditions can lead to frequent or prolonged absences from work. Effective management programs can lead to fewer missed workdays.
- **Improves presenteeism:** Even when employees are at work, chronic conditions can cause reduced productivity. By managing their conditions, employees can maintain or improve their focus and performance.
- **Enhances employee well-being:** Supportive programs and a focus on employee well-being can lead to increased job satisfaction and motivation, which in turn boosts productivity.
- **Reduces stress:** Effectively managing chronic conditions can reduce stress levels, leading to better quality of life and improved work performance.

“To the good folks at Community Health Options, a huge THANK YOU for your quick and compassionate handling of a recent issue I had with my health insurance plan. Please know what you do makes a real difference in people’s lives and is very much appreciated!”

— Community Health Options Member



## Chronic Illness Support Program (CISP)

Available on most plans, CISP offers specialized support and benefits to help Members manage chronic conditions — increasing savings for routine care, prescriptions and specialist visits so they can live healthier, and perform better.\*

### CISP BENEFITS INCLUDE:

**ASTHMA** Members breathe easier with extra benefits for asthma care—lower costs, more support, and better control of their health.

- Asthma education
- Inhaler adjuncts

**DIABETES** Members can stay on top of diabetes with extra benefits—lower costs, better care, and the support they need. Managing diabetes comes with enough challenges—unexpected expenses shouldn’t be one of them.

- Glucometer and test strips
- A1C testing

**HIGH BLOOD PRESSURE (HYPERTENSION)** For Members living with hypertension, regular care is key to staying healthy. We want to help them keep their blood pressure in check with lower cost sharing on benefits that make managing health easier and more affordable.

- Blood pressure monitoring/cuff
- Nutritional counseling

**CORONARY ARTERY DISEASE** Members can take care of their hearts with extra benefits designed to keep them healthy, strong and worry-free. Managing CAD takes ongoing care—and we’re here to help.

- Cardiologist office visit
- Nutritional counseling

**CHRONIC OBSTRUCTIVE PULMONARY DISEASE** Breathing easy shouldn’t come at a high cost. Members get the breathing support they deserve—lower costs, more care and better control of their COPD.

- Inhaler adjuncts
- Oxygen therapy assessment



[healthoptions.org](http://healthoptions.org)

## Ready for a quote?

Contact your valued broker or your  
Community Health Options Business  
Development Team.

\*Savings based on plan.